

Dr R RAJESH



ACADEMIC PROFILE

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Ponnunada Thekkekara
Karumkulam Puthiyathura P O
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Kerala, 695526
India.

- Research Supervisor in Physical Education, University of Kerala.
- Ph.D. in Physical Education, Pondicherry University. August 2018.
- UGC NET exam. cleared in 2012 December
- Certificate Course in Sports Coaching Athletics held at Lakshmibai National College of Physical Education (LNCPE Thiruvananthapuram SAI Centre - Kerala)
- Sports and Society an online course authorized by the University of Duke and offered through Coursera 2016
- Doping: Sports, Organization, and Science an online course authorized by the University of Lausanne and offered through Coursera 2016
- M.P.Ed. completed from Pondicherry University, 2012 - 2014
- Bachelor of Physical Education (BPE) 2012 from L N C P E (Thiruvananthapuram) University of Kerala
- Completed Post Graduate Diploma in Health Fitness and Life Style Management from the Department of Physical Education and Sports, Pondicherry University
- Completed Post Graduate Diploma in Yoga 2018 From Tamil Nadu Physical Education and Sports University

TEACHING EXPERIENCE

DESIGNATION	INSTITUTION/UNIVERSITY	YEAR OF SERVICE
Assistant Professor	YMCA College of Physical Education, Chennai	04/12/2017 to 30/06/2020
Assistant Professor	St. Michaels College Cherthala	24/07/2020 onwards

PHD THESIS

TITLE	GUIDE NAME	UNIVERSITY	YEAR
Effect of Specific Motor Skill Development Program on Gross Motor Coordination and Basic Coordination Abilities in Primary School Children	Dr. G VINODKUMAR Professor, Dept of Physical Education & sports	PONDICHERRY UNIVERSITY	Aug 2018

AWARDS/ACHIEVEMENTS/OTHERS

SL.N O	NAME OF AWARDS/ ACHIEVEMENTS/OTHERS	DESCRIPTION	YEAR
1	Research Award	UGC- MANF	2016
2	Technical Official Athletics	Kerala University Inter Collegiate Athletics Meet 17/8/21 to 18/8/21	2020-2021
3	Technical Official Athletics	Kerala University Inter Collegiate Athletics Meet 7/12/22 to 9/12/22	2021-2022
4	Kerala University Cricket Men Team Manager	Organized by Hindustan Institute of Science & Technology, Chennai.	2022
5	Football men selection committee member	Kerala University north zone football team men selection committee member	2022- 2023
6	Football women selection committee member	Kerala University football team women selection committee member	2022- 2023

7	Board Member of Endurance test (Kerala Public Service Commission)	IRB Commando Wing	2022
8	Board Member of Physical Efficiency test (Kerala Public Service Commission)	Civil Excise Officer - Physical Measurement and Physical Efficiency test	2023
9	All India Netball Tournament Organizing Committee member	All India Netball Tournament (Men & Women) held at Tamil Nadu Physical Education & Sports University on 20 Feb To 28 Feb 2019	2019
10	Board of Studies	YMCA College of Physical Education	27/06/18
11	Question paper setting	Sports management, education technology	Nov/18
12	Paper valuation	Sports management, education technology	Aug/18
13	Team Coach- Tamil Nadu Physical Education & Sports University	All India inter-university athletics championship held at Mangalore University on 24 Nov To 28 Nov 2018	2018

SEMINAR & CONFERENCE

International

- Published a Paper “Superstitious rituals among interuniversity football hockey and cricket players “in the International Journal Engineering Research and Sports ISSN No 2348-2400, Volume-II And Issue-I on Feb 2015.
- Presented a Paper “Effect of adapted physical activity on flexibility and balance of differently abled children” in International Conference on Education in India: Challenges and Perspectives, ISSN No 2349-8684, Volume-I and Issue-I on Mar - 2015.

- Presented a Paper “Identify variant level of mood disorder on research scholar” in International Conference on Education in India: Challenges and Perspectives, ISBN: 978-93-85109-03-4 on Mar -2015.
- Published a Paper “Effect of fine motor skill intervention on gross motor coordination in primary school children” ISSN No 2394-1685, Volume-V and Issue- VIII in the International Journal of Scientific Research in Aug 2016.
- Published a Paper “Effect of specific motor skill development program on basic coordination abilities in primary school children” ISSN No 2277-8179, Volume-III and Issue-VI in International Journal of Scientific Research in Dec 2016.
- Published a Paper “Effect of fundamental motor skill intervention on running and galloping performance in children” ISSN No 0972-1231, Vol.51, No.3. International Journal of Education and Research in Sep 2018.
- Published a Paper “Athletic Identity on Social Behavior and Aggression In Institutions Football Game” ISSN No 2278-6864, Vol.46, No.3. International Journal of Education & Society in Sep 2023.
- Published a Paper “Nutritional Concerns Of Vegetarian Athletes” ISSN No 2277-7067, Vol.09, No.01. Journal of Fundamental & Comparative Research in Dec 2023.

National

- Presented a paper at a national conference on the “Effect of different water level training on selected motor skills of athletes“ in Dec 2014.
- UGC Sponsored a National conference on NITI Aayog for cooperative federalism sustainable development and inclusive growth (Govt. of India new planning model) & methodology of research in Jun 2015.
- Participated in a National-level workshop on the Role of exercise in cardiopulmonary health Organized by the Department of Physiology, Pondicherry in Jan 2015.